

## 2009-2010 BCS Lunch Menu

- Monday: Dominos Pizza-Cheese, Hamburger and Pepperoni  
Smithharts Salad-Fried or Grilled  
\*Dessert/Fruit served with order of pizza
- Tuesday: Smithharts-Nuggets with Fries (Small)  
Chicken Strips with Fries (Large)  
Salad-Fried or Grilled
- Wednesday: Chick-fil-A- 6 piece nugget w/chips (Small)  
Sandwich w/chips (Large)  
Smithharts: Salad- Fried or Grilled
- Thursday: China Max-Orange chicken w/rice (Small)  
Teriyaki chicken w/rice (Large)  
Smithharts: Salad-Fried or Grilled
- Friday: Talk About Good-Choices will vary weekly:  
Wk 1 Lasagna with two vegetables (Small or Large)  
Wk 2 Roast over rice with two vegetables (Small or Large)  
Wk 3 Spaghetti Meatballs with two vegetables (Small or Large)  
Wk 4 Chicken Tetrizzini with two vegetables (Small or Large)  
Smithharts: Salad-Fried or Grilled

Small Meal \$4.00  
Large Meal \$5.00  
Salads \$5.00

Milk, Juice .50